

SAFE FOLDER CHECKLIST

A safe folder contains materials that show the progress of your child's life and their affirmation of gender. The below checklist is not exhaustive; if there are additional documents you believe explain your child's journey, add them to your safe folder.

Print and keep two copies of your folder; one in your possession and one off-site at an ally's home for additional safety. You may also digitize your documents and have them in your phone and on your child's phone if they have one.

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- ☐ Identification: Copies of passport, driver's license (if applicable), social security card, birth certificate.
 - ☐ Letter from your pediatrician affirming your child's gender. It may also generally discuss the appropriateness of treatment based on best medical practices.
 - ☐ Letter from your child's therapist or counselor.
 - ☐ Letters from other members of your child's healthcare team affirming their gender and their need for treatment.
 - ☐ Letters from allies: Family, Friends, Spiritual or Faith providers.
 - ☐ Drawings, writings, social media posts, etc. by your child displaying their affirmed gender.
 - ☐ Photographs or videos capturing a timeline of your child that display your child's affirmation of their gender.
 - ☐ Legal Documentation: Name change and/or gender marker change if applicable.
 - ☐ In the case of divorced families, provide legal documentation regarding custody and medical decisions for your child. If both parents have power over medical care decisions, each parent should have safe folders including a letter from the other parent providing their approval of gender-affirming care.
 - ☐ Other _____

Adapted from [Create a Safe Folder](#) by TransYouth Family Allies.